COURSE PROGRAMME 9th/10th June 2016

Day 1

9.30-10am - REGISTRATION AND COFFEE

10-10.40am - Introduction and overview

10.40-11.20am - Preparing for ketogenic therapy and choice of diet

11.20-11.35am – COFFEE BREAK

Split sessions to run in parallel:

11.35-1.05pm - Classical diet workshop for dietitians – calculation, initiation and tips on practical implementation

OR: two teaching sessions for medics/neurologists:

11.35am-12.20pm – Neuro-metabolic disease (GLUT 1 DS & PDH)

12.20-1.05pm – Placing dietary therapy alongside other treatment choices for epilepsy (includes indications and contra-indications for ketogenic therapy)

1.05-2pm – KETOGENIC LUNCH

2-2.30pm - Basic science and mechanisms of action

2.30-3.15pm- Monitoring and side effects (includes home and clinic monitoring, quality of life and psychological/behavioural assessments)

3.15 –3.45pm – Ketogenic therapy for adults

3.45-4pm – TEA BREAK

4-4.30pm – Ketogenic therapy in oncology

4.30-5pm – Medications and over-the-counter products

5-5.30pm – Management of emergency situations (illness, status, ICU)

7pm - EVENING RECEPTION/ DINNER AT HOTEL (for residential delegates)

Day 2

8.45-10.15am – MCT diet workshop – calculation, initiation and tips on practical implementation

10.15-10.30am – **COFFEE BREAK**

10.30-11am – Supplementation

11-11.30am – Fine tuning and weaning

11.30am – 12pm-Tube feeding and TPN

12-12.30pm –Ketogenic therapy in infants

12.30-1.30pm – KETOGENIC LUNCH

1.30-3pm – Modified diets workshop (MAD, MKD and LGIT) – calculation, initiation and tips on practical implementation

3-3.15pm – TEA BREAK

3.15 – Closing remarks and MF support

3.30 - 5.30pm – Split sessions of one hour each, then groups change over

Session 1 – Practical Ketogenic cooking

Session 2 - Case studies and worst case scenarios – informal discussion with panel of dietitians

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Note: BDA endorsement applies only to the educational content of the learning activity.

Certificates of Attendance will be given out at the end of the second day upon completion and receipt of the evaluation form.