Project updates

1. **MKDs in the UK**

*Project aim:* To understand the core principles of MKD practice and to assess if and how the MKD differs from other KD protocols.

*Progress:*
- Manuscript submitted for publication to Journal of Human Nutrition and Dietetics. Awaiting reviewer response.
- Collaboration with dietitians in the United States underway to enhance understanding of international MKD practice.

2. **Nutritional Biochemistry and KDs - Projects A and B**

*Project A aim:* Describe picture of KD biochemical testing in UK and Ireland. Compare UK practice to international guidelines.

*Project B aim:* Guide for dietitians regarding biochemical results in KD patients—evidence summary and suggested courses of action for abnormal results.

*Progress:*
- Project A: manuscript in progress showing significant variability amongst centres and deviance from international guidelines. Costing info included to emphasise variability. There is potential to devise recommendations for future practice in collaboration with medics and biochemists.
- Project B: biochemical parameters that impact dietetic practice selected; literature review completed for each parameter.

3. **Resources**

Dietitians Alison Craig (Leeds Children’s Hospital) and Lucy Blackstone (Manchester Children’s Hospital) have produced two very useful resources: ‘Non-prescribable “keto” products’ and ‘Ketogenic shopping list’. Please contact zoe.simpson@gosh.nhs.uk for a copy.

4. **Website**

KDRN now has its own WEBSITE! This will be a platform for sharing information on projects and meetings. Please copy the following link to request access: https://www.networks.nhs.uk/nhs-networks/ketogenic_dietitiansresearch-network

**Posters & Presentations**

1. **NICE to know: impact of NICE guidelines on ketogenic diet services across the UK**

Presented at British Paediatric Neurology Association (BPNA) Annual Conference (Jan 2018); Ketoconference (May 2018); 6th Global Symposium on Ketogenic Therapies for Neurological Disorders (Oct 2018)

Abstract accepted at BPNA to be presented in Jan 2019

2. **Understanding the core principles of a ‘modified ketogenic diet’; a UK and Ireland perspective**

Presented at Ketoconference (May 2018); 6th Global Symposium on Ketogenic Therapies for Neurological Disorders (Oct 2018)

3. **Biochemical assessment of patients on a ketogenic diet: current practice in the UK and Ireland**

Presented at 6th Global Symposium on Ketogenic Therapies for Neurological Disorders (Oct 2018)

**Presenters:** Vicki Whiteley, Natasha Schoeler, Kirsty Martin-McGill

If you are a dietitian or dietetic support worker working in ketogenic-related clinical practice, academia or industry and are interested in joining the group, or collaborating with us, we would love to hear from you! We also offer Associate Membership for dietitians not currently practicing in ketogenic and for other healthcare professionals. Please contact Dr. Natasha Schoeler: n.schoeler@ucl.ac.uk